

WHAT DOES THE BIBLE SAY ABOUT DEBORAH AND BARAK?

Deborah and Barak

The Problem: Self-Focus

Judges 4:1-3 “And the people of Israel again did what was evil in the sight of the Lord after Ehud died. 2 And the Lord sold them into the hand of Jabin king of Canaan, who reigned in Hazor. The commander of his army was Sisera, who lived in Harosheth-hagoyim. 3 Then the people of Israel cried out to the Lord for help, for he had 900 chariots of iron and he oppressed the people of Israel cruelly for twenty years.”

Model of Godliness & Biblical Womanhood

- **Deborah: An Ordinary Hero at Work**

Judges 4:4 “Now Deborah, a prophetess, the wife of Lappidoth, was judging Israel at that time.”

- **Jael: An Ordinary Hero at Home** (Judges 4:17-22)

Barak: Fear Happens, Overcome It

Judges 4:8 Barak said to her, “If you will go with me, I will go, but if you will not go with me, I will not go.”

Ordinary Heroes Celebrate God’s Victories

Judges 5:1-2 Then sang Deborah and Barak the son of Abinoam on that day: “That the leaders took the lead in Israel, that the people offered themselves willingly, bless the Lord!”

Ordinary Heroes Act: Do Not Make Excuses

Judges 5:13-18 – Sideliners: Reuben, Gilead (Gad & East Mannaseh), Dan, Asher

Self Evaluation Questions

1. Where does your life need to become more God-focused?
2. How can you be more heroic at work?
3. How is God calling you to be more heroic at home?
4. What fear do you need to overcome?
5. Which victory do you need to celebrate?
6. How are you being tempted towards inaction?

Judges 5:31 “So may all your enemies perish, O Lord! But your friends be like the sun as he rises in his might.” And the land had rest for forty years.

Also see.... *Judges 3* - Othneil, Ehud, Shamgar VS. Mesopotamians, Moabites, Philistines