**WHAT DOES THE BIBLE SAY ABOUT RELATIONAL HEALTH?**

The second is this: ‘You shall love your neighbor as yourself.’

There is no other commandment greater than these.” (Mark 12:31 ESV)

**When do we love?** Greater love has no one than this, that someone lay down his life for his friends. (John 15:13)

**At all times. At desperate times.** A friend loves at all times, and a brother is born for adversity. (Proverbs 17:17)

**Why do we love?** For I could wish that I myself were accursed and cut off from Christ for the sake of my brothers (Romans 9:3)

**Because Christ loved & died for us.** And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. (Eph 5:2-3)

**Who do we love?** But I say to you, Love your enemies and pray for those who persecute you, [45] so that you may be sons of your Father who is in heaven. (Matthew 5:44-45)

* *Spouses. Children. Family. Church. Friends. Strangers. Enemies.*

**What does it mean to love?** Which of these three, do you think, proved to be a neighbor to the man who fell among the robbers?” [37] He said, “The one who showed him mercy.” And Jesus said to him, “You go, and do likewise.” (Luke 10:36-37)

**Love thinks, feels, and gives mercy & grace. How do you love yourself?**

* *5 Ts – Thoughts & Feelings – Talk - Time – Talents – Treasures*

**Walk in Christ-like obedience and holiness.** put on the armor of light. [13] Let us walk properly as in the daytime…[14] But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. (Romans 13:12-14)

**How do we love others?** Brothers, my heart's desire and prayer to God for them is that they may be saved. (Romans 10:1)

* We ought to lay down our lives for the brothers (1 John 3:16)
* 5Ts – Thoughts & Feelings – Talk - Time – Talents – Treasures

**Share the Gospel Love**: Warnings & Promises: Owe no one anything, except to love each other, for the one who loves another has fulfilled the law. [9] For the commandments, “You shall not commit adultery, You shall not murder, You shall not steal, You shall not covet,” and any other commandment, are summed up in this word: “You shall love your neighbor as yourself.” [10] Love does no wrong to a neighbor; therefore love is the fulfilling of the law. (Romans 13:8-10)

* Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. [4] Let each of you look not only to his own interests, but also to the interests of others. (Philippians 2:3-4)

***6/10 Commandments: Exodus 20:12-17*** (see Ephesians 4:17-32)

**5. Honor & Respect Others** (v.12) “Honor your father and your mother”

**6. Grant Forgiveness** (v.13) “You shall not murder.”

**7. Be Sexually Pure** (v.14) “You shall not commit adultery.”

**8. Give Rather than Take** (v.15) “You shall not steal.”

**9. Speak Truth** (v.16) “You shall not bear false witness”

**10. Love God More Than Things** (v.17) “You shall not covet your neighbor's house…wife…servant…ox…donkey, or anything that is your neighbor's.”