



Living & Parenting  
In A Sexualized  
(Confused) Culture

Spring 2022

# Introduction

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# Today's Objectives



Understand our current cultural state



Understand normal sexual development



Cast a vision for our children



Empower you (parents) to teach, guide,  
and disciple your children on this  
important topic.

[www.TrustworthyWord.com/carl](http://www.TrustworthyWord.com/carl)

Why is sex education so important???

# My Life Priorities

What should I  
teach my kids to  
know and succeed  
at these priorities?

- God
- Marriage
- Children
- Job

All have sinned  
Sin's penalty  
Christ paid the penalty  
Must receive Christ  
Growing in Godliness  
Proclaim Christ to others

Communication skills  
How to forgive others  
Financial management  
Selflessness  
Sex/faithfulness

Patience  
Unconditional Love  
Discipleship  
Leaving a Legacy


Education  
Hard Work  
Perseverance  
Find Your Passion  
Servant Leadership

# Sex Discussion Timeline

- 3 years old: **Start** intentional conversations
- 6-7 years old: Child should **know what “sex” is**
- 8-10 years old: More **comprehensive** discussions
  
- *the traditional age of 11-12 (5<sup>th</sup>/6<sup>th</sup> grades) for “the talk” is too late!!!*



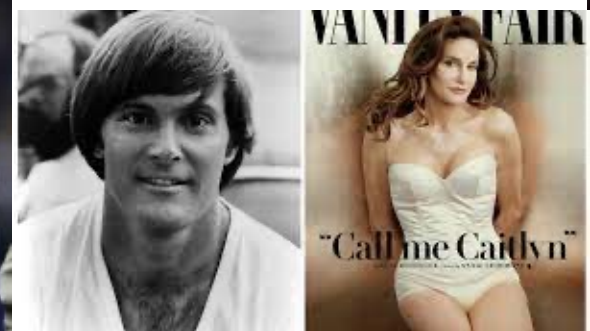
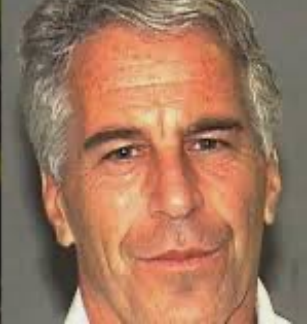




Why are we  
here???

# Potential Dangers for Our Kids:

- Sexually Transmitted Infections (STI's)
- Unplanned Pregnancies
- Broken Hearts
  - Broken human relationships
  - Spiritual brokenness
- Sexual Addiction
- Sexual Abuse
- **Sexual Confusion**
- **(PORNOGRAPHY)**



# Teen/Pre-marital Sexual Activity

- U.S. High School survey 2017 (YRBS - CDC), ages **15-19**
  - **40% have had sex**
    - Non-significant difference from 2015 (41%)
    - Significant difference from 1991 (54%)
  - 20% in 9<sup>th</sup> grade, **57% in 12<sup>th</sup> grade**
  - **10% had four or more sexual partners**
- Pre-marital Sex (NSFG – CDC)
  - Men (ages 20-44) – 90-91% report (steady from 2002-2015)
  - Women (ages 15-44) – 84% (2002) to 88% (2015)
  - Mean age for first intercourse for both men and women – **17 years**



# Sexually Transmitted Infections (STI's)

- 2017 Statistics for U.S. (CDC)
  - Chlamydia – 1.7 million cases (22% increase since 2013); Texas #18 (per capita)
  - Gonorrhea – 555,608 cases (67% increase); Texas #22
  - Syphilis – 30,644 (76% increase); Texas #18
- HPV (most frequent STI because it can be contracted more than once) prevalence 42% among adults age 18-59
- HSV (most prevalent because it is not cleared) – ages 14-49 approximately 12.6% (self-report)
- Ages 15-24 – rates of all STI's increasing (2017)
- **50% of all new STI's in US occur in age 15-24**
- **25% of all sexually active adolescents have had an STI**



# Unplanned Pregnancies

- 213 million pregnancies worldwide in 2012
  - 40% unintended (85 million)
    - **50% ended in abortion**
    - 13% ended in miscarriage
    - 38% ended in unplanned birth
- 6.1 million pregnancies in the U.S. in 2011
  - 45% (2.8 million) were unintended
    - 27% “wanted later”, 18% “unwanted”
    - **42% ended in abortion** (excluding miscarriages)
    - 58% ended in birth
- 210,000 babies born to girls age 15-19 in U.S. in 2016
  - **1 teen pregnancy delivers about every 2.5 minutes**



# Sexual Abuse, Harassment, & Addictions

- About **1 in 3 women (36%)** and **1 in 6 men (17%)** experience some form of **sexual violence** in their lifetime (NISVS Survey 2012, CDC)
- Nearly 6 out of 10 sexual assaults occur in the victim's home or the home of a friend, relative, or neighbor. (endsexualviolenceCT.org)
- Nearly two-thirds of college students experience sexual harassment (AAUW Educational Foundation, 2005)
- **3 in 5 women**, 1 in 5 men may experience **sexual harassment** – though 80% of people may never report it (US EEOC, eeoc.gov)
- **Sexual addiction** prevalence is estimated at **3-6%** (definition varies)
- Estimated **15%** of men have **paid for sex** (2006, KinseyInstitute.org)

# Pornography

- **55%** of **married men**/70% of unmarried men **watch porn** monthly (2016)
- Men Watch Monthly - **79%** age **18-30**, 67% age 31-49, 49% age 50-68
- Women Watch Monthly - **76%** age **18-30**, 16% age 31-49, 4% age 50-68
- **57%** of teens search out **porn** at least **monthly** (ages 13-17, 2016)
- Large U.S. Catholic HS Male Survey 2016
  - 6% view porn multiple times daily
  - 15% viewed it daily
  - 49% viewed it more than once/week
  - 20% viewed it once/week or less
- Most common ways – **smartphone** (57%), tablet (24%);  
**in bedroom** (61%), elsewhere in house (21%)



# More Porn Stats...

- Positive response to the statement “**I started looking at pornography before puberty**” (2016 Barna Survey)
  - 6% of men age 51-69
  - 13% of men age 31-50
  - **27% of men age 25-30**
- 42% of teens admitted clearing their browsing history after using the Internet
- 27% of teens receive sexts, 15% are sending them. (2018 study)
- Is porn use just as bad in Christians???
  - **64% of Christian men** and 15% of Christian women **view porn monthly**; compared to 65%/30% non-Christian men/women. (2014 Barna)
  - 1 in 5 youth pastors, 1 in 7 senior pastors struggle with porn (2016 Barna)





# Broken Relationships



- Marital satisfaction is highest in couples who have only had sex with their spouse.
  - The more sexual partners in the past, the less satisfying your marriage.
- Living with your spouse before marriage increases the risk of divorce by 50%
  - Having a child together before marriage increases the risk of divorce as well.
- Prior to marriage, having sex with or co-habitation with someone other than your mate increases the risk of divorce.
- Cohabitation is associated with economic disadvantage and family instability for children.
- Children in cohabitating families have increased negative life outcomes, including depression, drug use, school drop-outs.
- Children in unmarried families have increased risks of physical, sexual and emotional abuse.

# Sexual Confusion

- 7.1% of US Adults self-identify as LGBTQ+ (Gallup, 2021)
  - 86% heterosexual, 6% no opinion
  - Was 3.5% in 2012
- Among current LGBTQ+ self-identifiers:
  - 56.8% Bisexual
  - 20.7% Gay
  - 13.9% Lesbian
  - 10% Transgender
- Of Gen Z adults (born 1997-2012), 20.8% self-identify as LGBTQ+
  - 75.7% heterosexual, 3.5% no opinion
- 10% of Millennials (born 1981-1996)
- 4.2% of Gen X (born 1965-1980)
- 2.6% of Boomers (born 1946-1964)

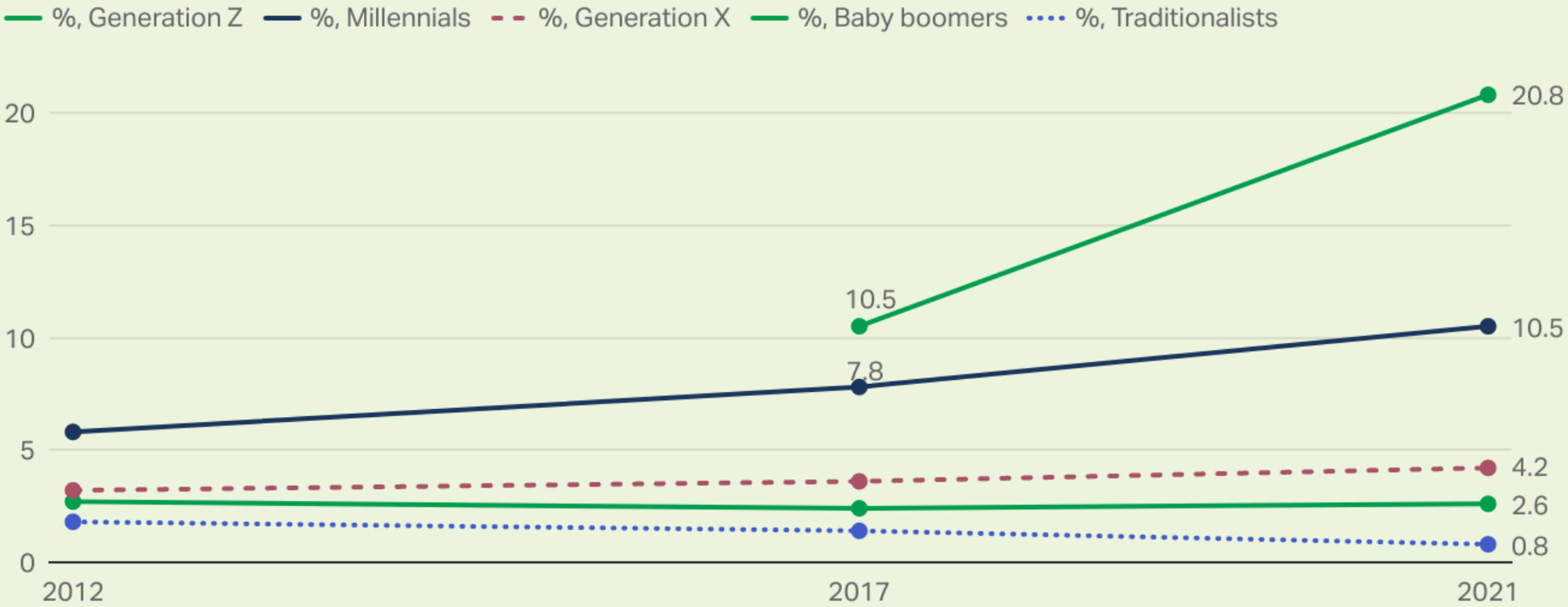


# Americans' Self-Identification as LGBT, by Generation

	<b>LGBT</b>	<b>Straight/Heterosexual</b>	<b>No response</b>
	%	%	%
Generation Z (born 1997-2003)	20.8	75.7	3.5
Millennials (born 1981-1996)	10.5	82.5	7.1
Generation X (born 1965-1980)	4.2	89.3	6.5
Baby boomers (born 1946-1964)	2.6	90.7	6.8
Traditionalists (born before 1946)	0.8	92.2	7.1

GALLUP, 2021

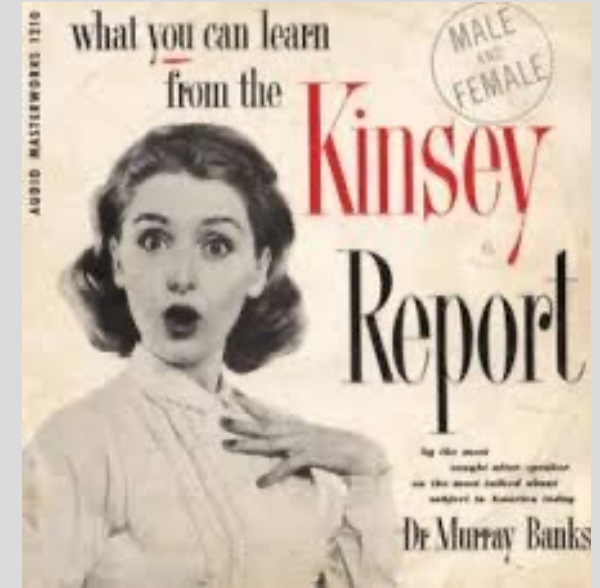
# Trend in LGBT Identification by Generations of U.S. Adults, 2012, 2017 and 2021



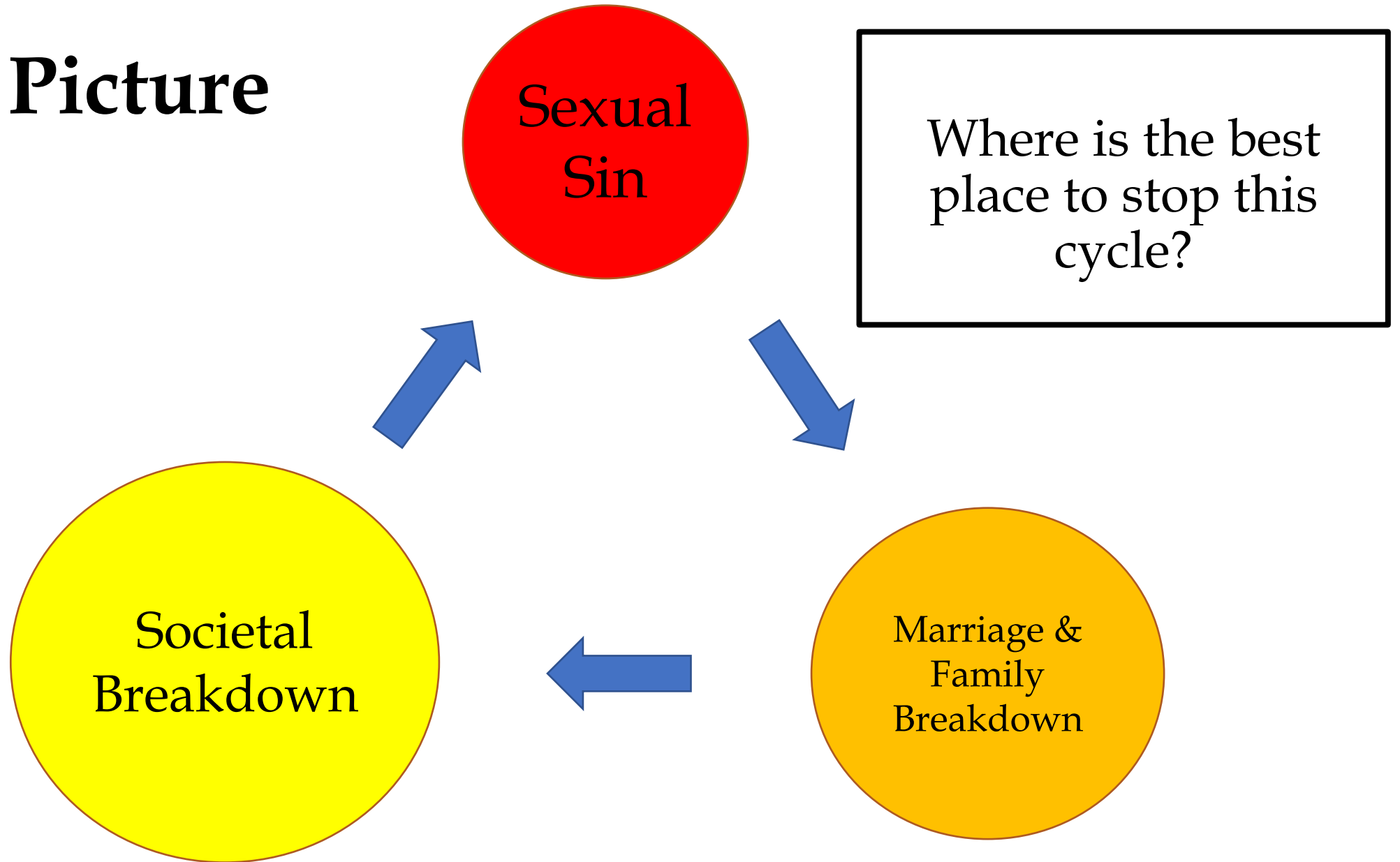
--Generation Z are those born between 1997 and 2012. In 2017, only those born between 1997 and 1999 had reached adulthood. In 2021, only those born between 1997 and 2003 had reached adulthood.  
 --Millennials are those born between 1981 and 1996. In 2012, only those born between 1981 and 1994 had reached adulthood.  
 --Generation X are those born between 1965 and 1980.  
 --Baby Boomers are those born between 1946 and 1964.  
 --Traditionalists are those born before 1946.

# How Did Our Culture Get Here???

- The Age of Enlightenment/Reason (1700's)
- Alfred Kinsey's Surveys of Sexual Behaviours (1948, 1953)
- Penicillin to treat Syphilis (1950's)
- Birth Control (1970's)
- Improvements in Obstetrics – enhanced female life expectancy
- “Baby Boom” Generation – large, prosperous middle class
- “Sexual Revolution” (1960's-1980's)
  - Increased acceptance of sex outside of marriage
  - Normalization of birth control, nudity, pornography, premarital sex, homosexuality, alternative forms of sexuality
- Feminism/Women's Liberation
- Masters and Johnson – *Human Sexual Response* (1966) and *Human Sexual Inadequacy* (1970)
- Legalization of Abortion (Roe v. Wade, 1973)
- Mass Media



# The Big Picture

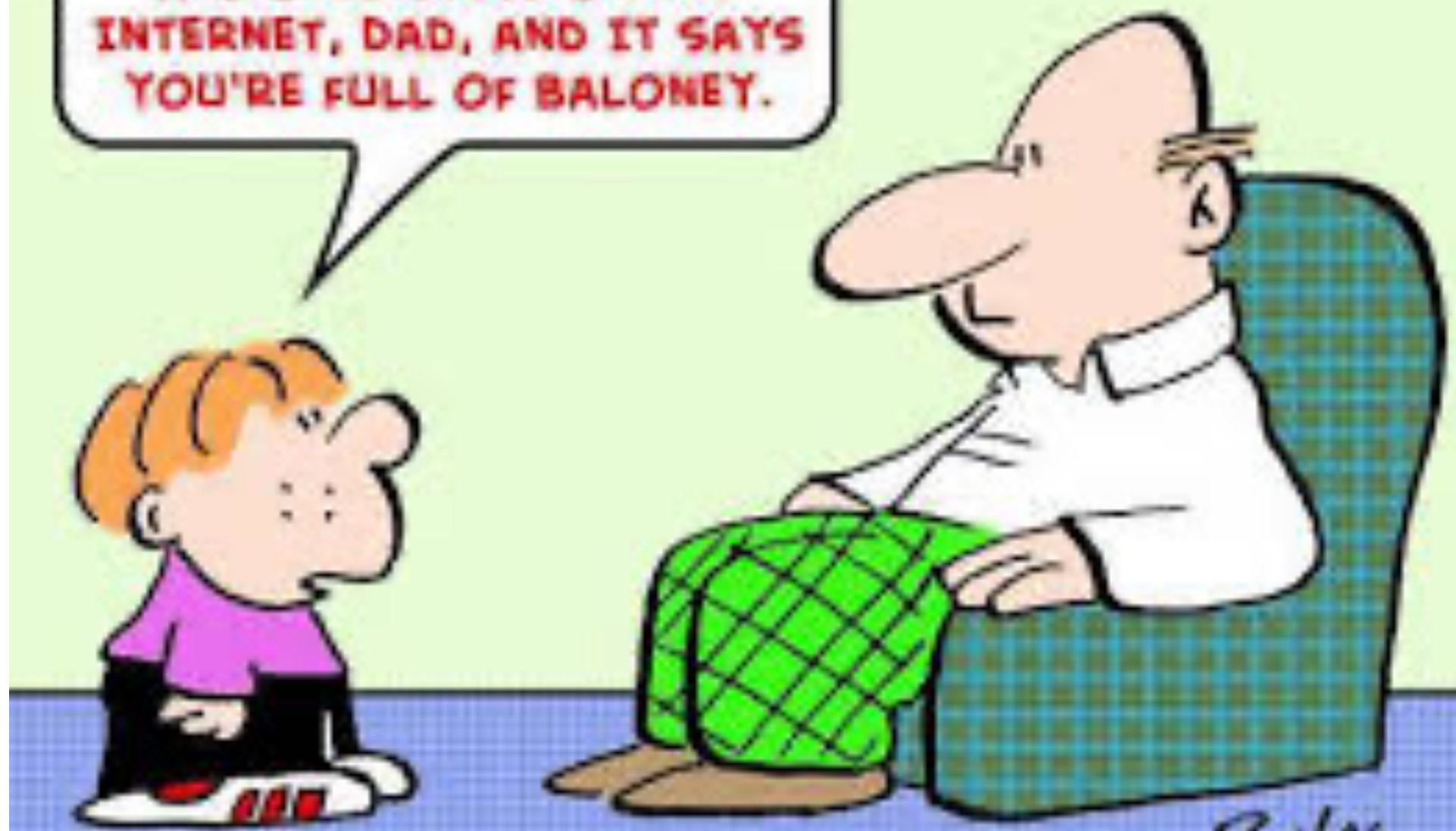


IT'S IMPOSSIBLE FOR BIRDS  
AND BEES TO HAVE SEX, SON,  
**N**EXT QUESTION.



the sex talk.

I CHECKED THAT BIRDS  
AND BEES STUFF ON THE  
INTERNET, DAD, AND IT SAYS  
YOU'RE FULL OF BALONEY.



Baloo

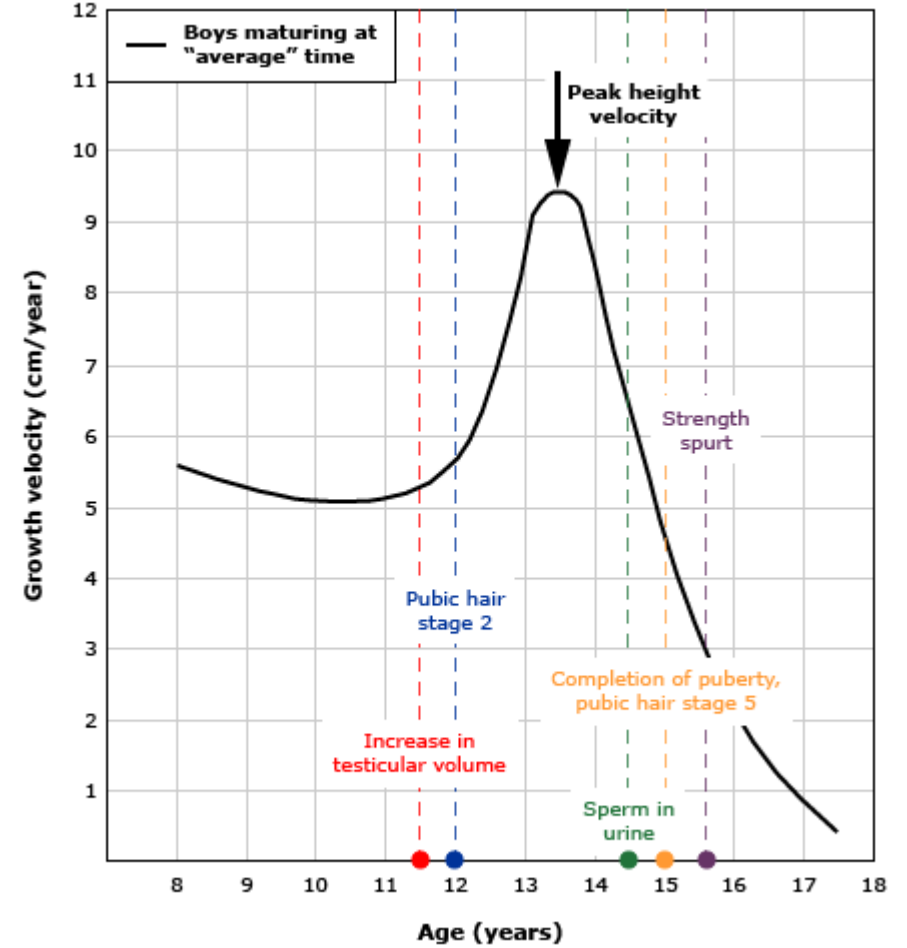
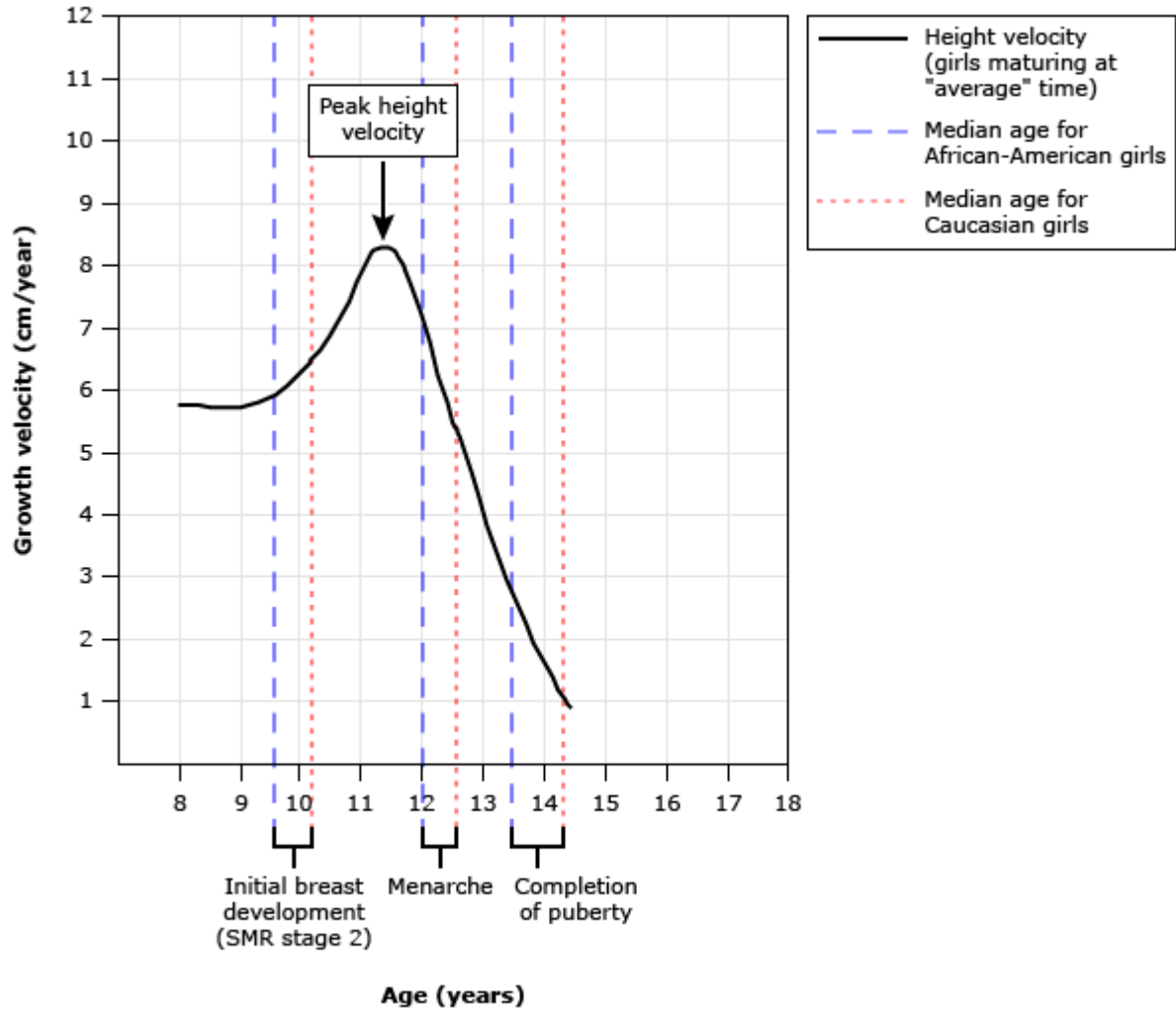


# Normal Puberty/Sexual Development

- When does puberty start?
  - Mean onset for girls is 9.5-10 years old (range 8-12, 2<sup>nd</sup>-6<sup>th</sup> grade)
  - Mean onset for boys is 11.5 (range 9-13)
- Normal progression of puberty
  - “Boobs, Pubes, Spurt, Squirt”
  - Menarche (first period) is 2-2.5 years after breast development starts
- When does the brain mature/develop???
  - ***The brain does not fully mature until the mid-to-late 20’s***
  - Teen brains naturally make impulsive, risk-taking decisions

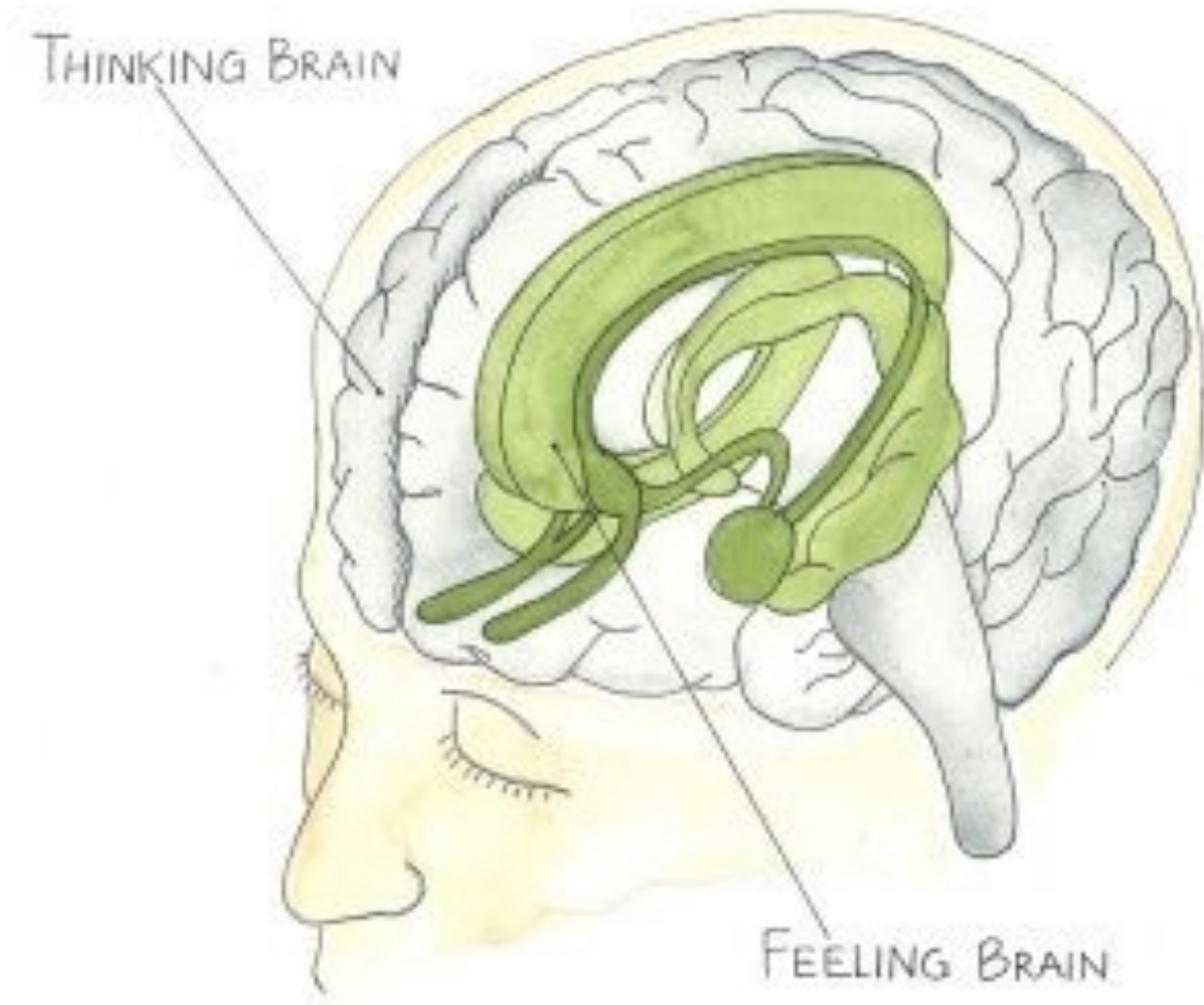


# Normal Female Puberty



# Normal Male Puberty

# Your Two Brains



## “The Feeling Brain” (The Limbic System)

- Where emotions come from
- Automatic and responds to stimuli extremely fast
- 3 main objectives:
  - To survive physically
  - To avoid pain
  - To pursue pleasure
- Weakness – it does not know right from wrong!

## “The Thinking Brain” (The Pre-Frontal Cortex)

- Slower acting
- Takes time to develop
- Where we learn to:
  - Plan
  - Solve Problems
  - Weigh consequences, learn right from wrong
  - **Use self-control (!!!)**
  - Develop “brakes” for our basic emotions and drives (take charge of “the feeling brain”)
- Not fully developed until mid-to-late 20’s!

# Normal Parent-Child Relationship Stages

(aka “early brain development stages”)

- “Copycat” Phase – ages 2 to 5 = consequential copying
- “Counseling” Phase – ages 6 to 11 = ***considering*** their beliefs
- “Coaching” Phase – ages 12 to adult = ***adjusting*** their beliefs

I THINK IT'S  
TIME WE HAD A  
TALK ABOUT  
SEX...

WHAT WOULD  
YOU LIKE TO  
KNOW?

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www.sprattiert.com



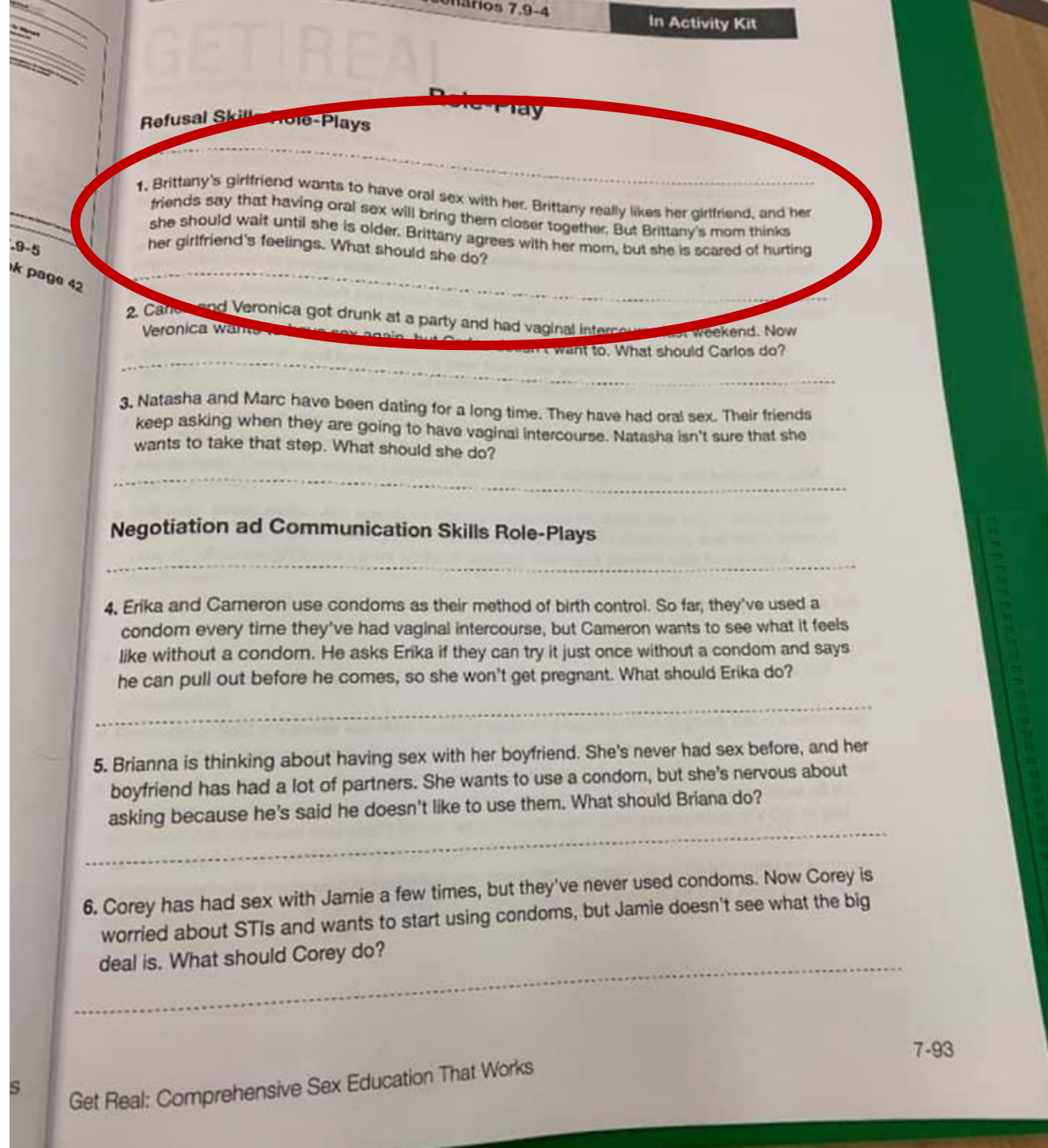
# Current Methods of Sex Education

- Sexual Risk Reduction (Comprehensive Sex Education)
- Sexual Risk Avoidance (Abstinence-based)
- *Parents forming a child's worldview...*



living **WELL** aware™

# “Role-Play” Activity from Austin ISD’s Comprehensive Sex Education program for 7<sup>th</sup> grade (2019)





禁止吸烟

No Smoking

斋宫

The palace of Abstinence



丹陛桥

Danbi Bridge



中国农业银行

AGRICULTURAL BANK OF CHINA

北京市分行

敬赠



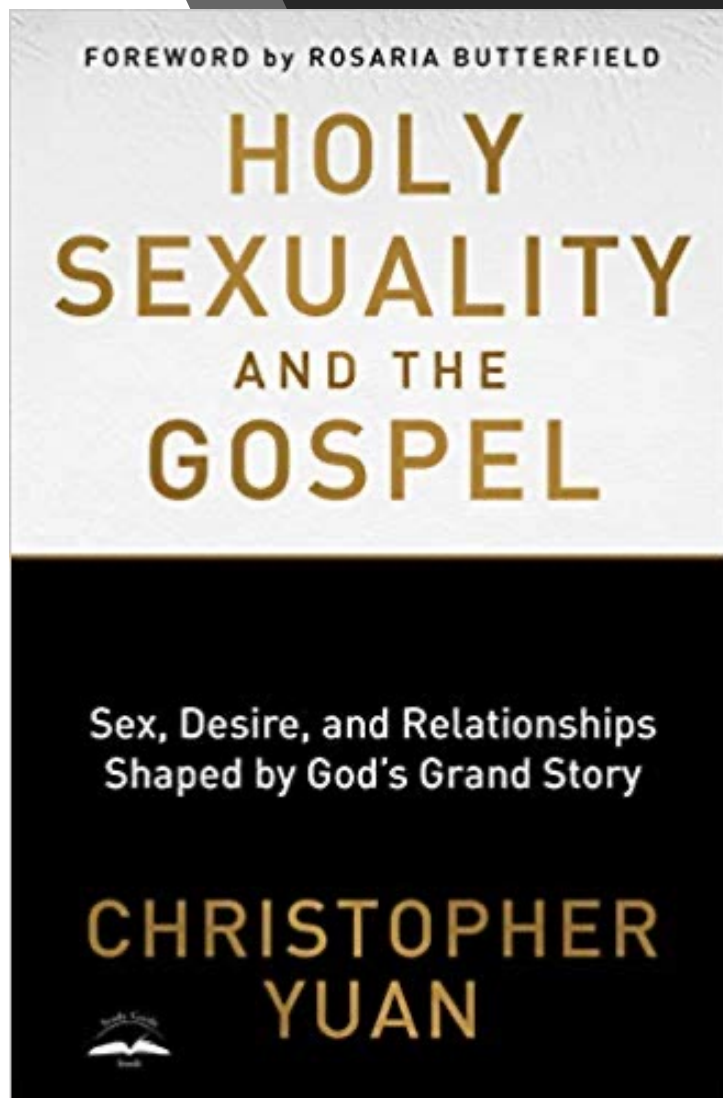
## A Vision for Our Kids

“Where there is no vision, the people are unrestrained.”  
– Proverbs 29:18

- Truth

- Grace

“And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of *grace* and *truth*.” – John 1:14 (ESV)



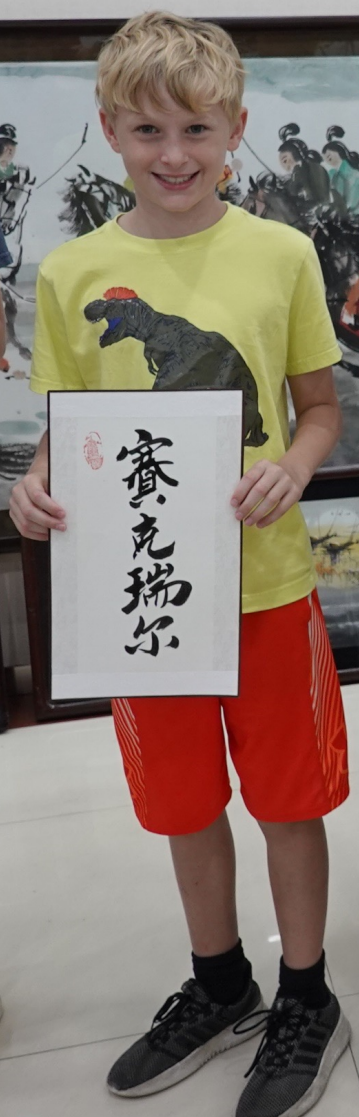
“What should we teach our kids?”

- Chastity in Singleness

*Holy Sexuality*

- Faithfulness in Marriage

禁止拍照



# Sex Discussion Timeline

- 3 years old: **Start** intentional conversations
- 6-7 years old: Child should **know what “sex” is**
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# Intentionality!

- Don't neglect or ignore the opportunity to do that which God has given you the unique position of greatest influence in your child's life!
- If they aren't used to discussing these difficult topics with you from a young age, then they won't want to discuss them when they really get difficult.
- Don't leave it to the church.
- Don't assume "they will just turn out right."
- Schedule it!
- If ***you*** don't teach them, then ***who*** will they learn from???



**“You shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and you walk by the way, and when you lie down, and when you rise.”**

**- Deuteronomy 6:5-7**

# Parenting Tips

- Look for teachable moments
- Keep an ongoing conversation...
- Create a culture of openness in your home
- Normalize the awkwardness!
- Don't shy away from difficult topics
- Be positive!
- Define sex/pornography – use proper terminology/body parts
- Share your own struggles (age-appropriate)
- **Use resources from others who have been down this road before!**





# Sexual Discipleship



GOD'S DESIGN  
AND WHY IT MATTERS

RETHINKING

SEX

UAL

ITY



**DR. JULI SLATTERY**

foreword by GARY THOMAS, author of *Sacred Marriage*

# “Paradigm Shifts”

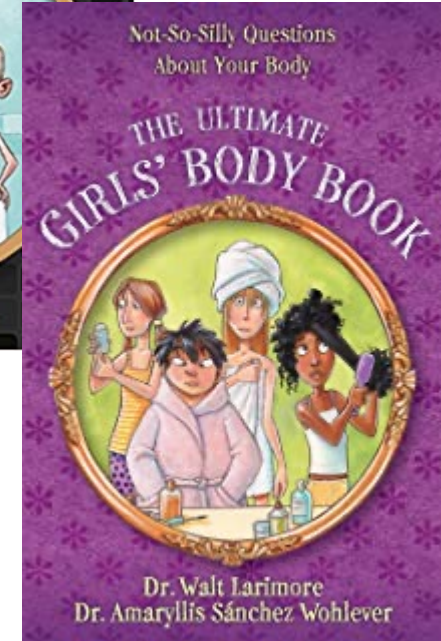
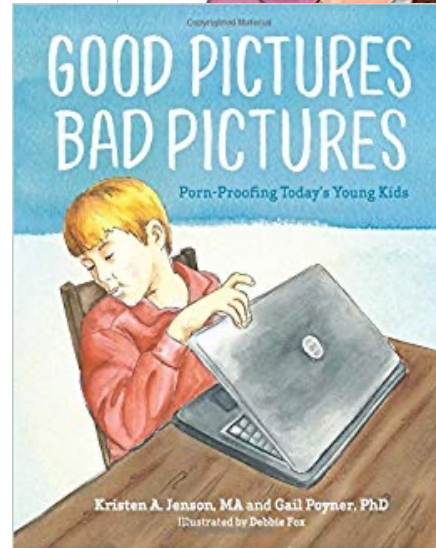
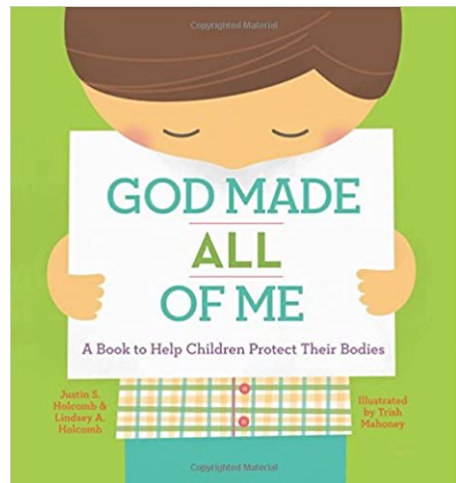
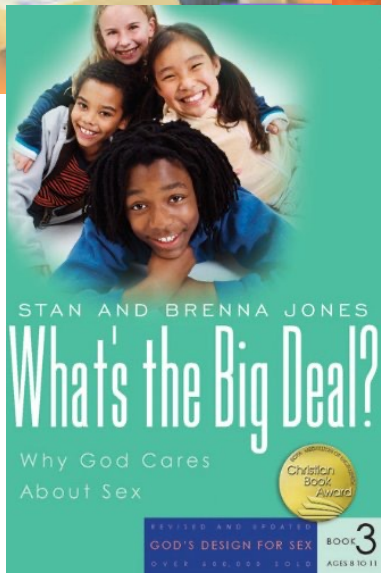
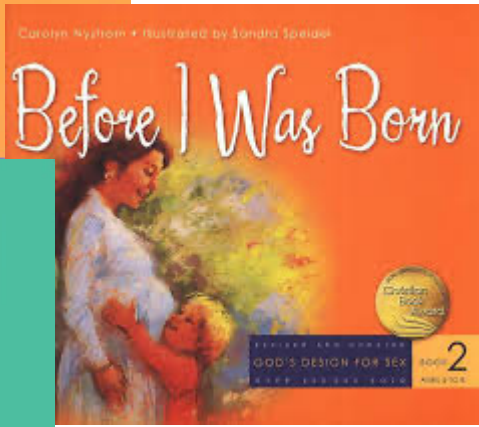
- Sexual discipleship is an opportunity to conform our lives to Christ.
- Every sexual issue is ultimately a spiritual issue.
- The Gospel is written within our sexuality.
- We are all sexually broken.
- Jesus came to redeem our broken sexuality.
- Truth and love must co-exist.
- *It all begins with us.*



Dr. Howard  
Hendricks

**“We should not be  
ashamed to discuss  
what God was not  
ashamed to create.”**

# Parenting Resources

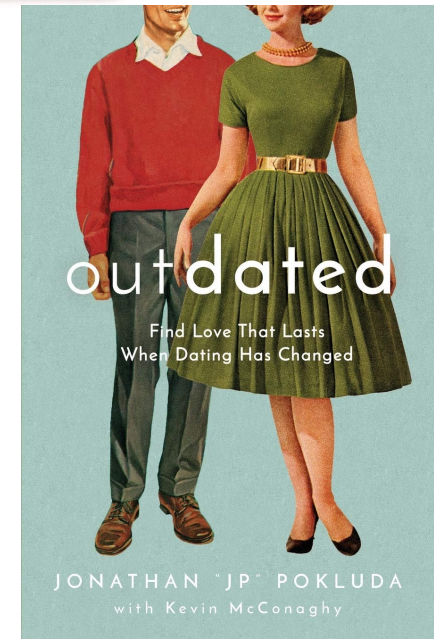
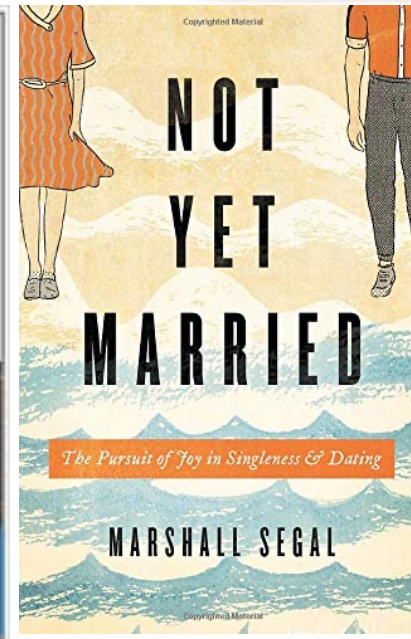
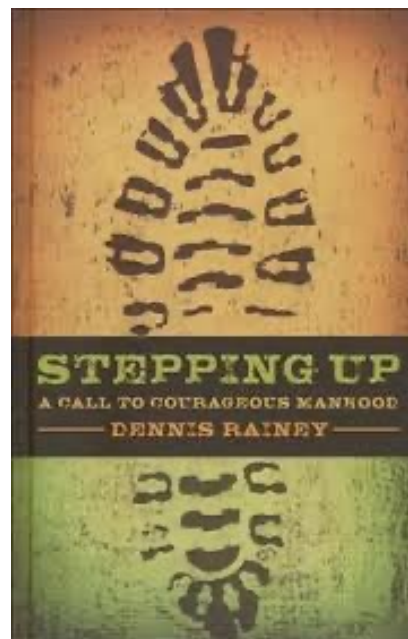
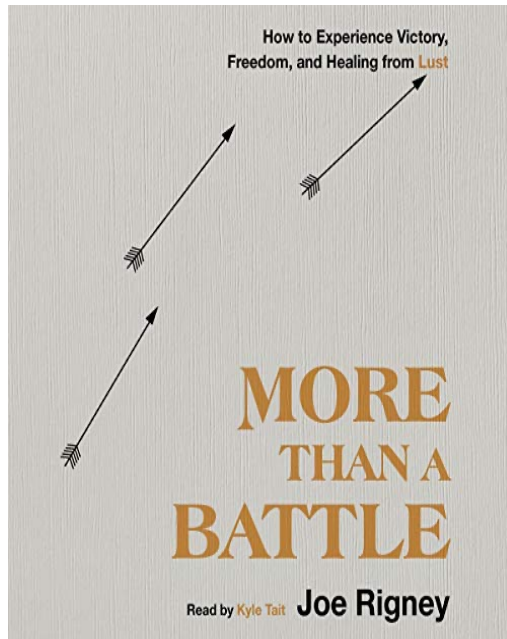
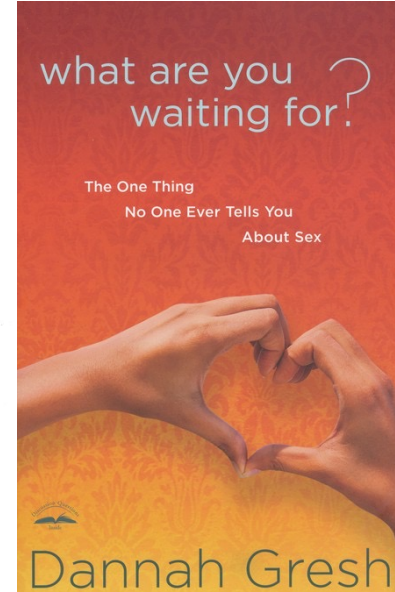
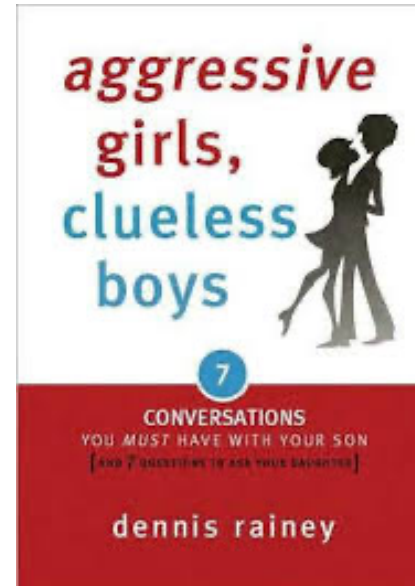
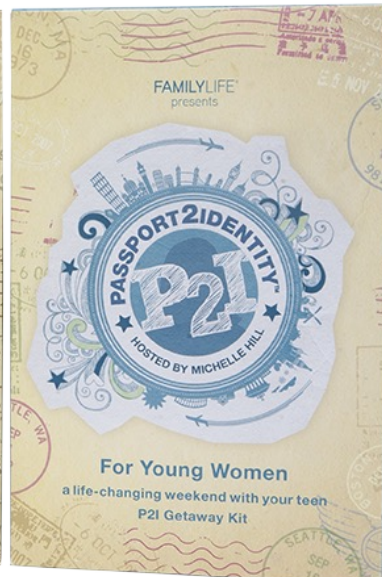
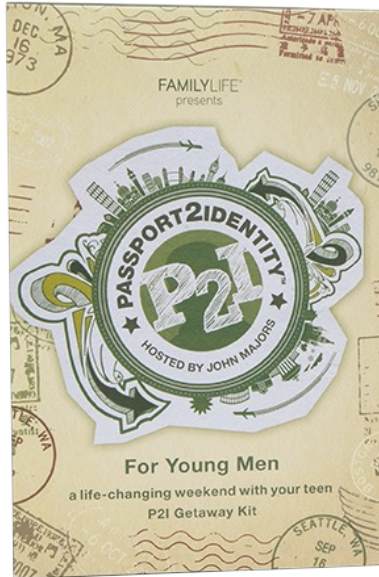
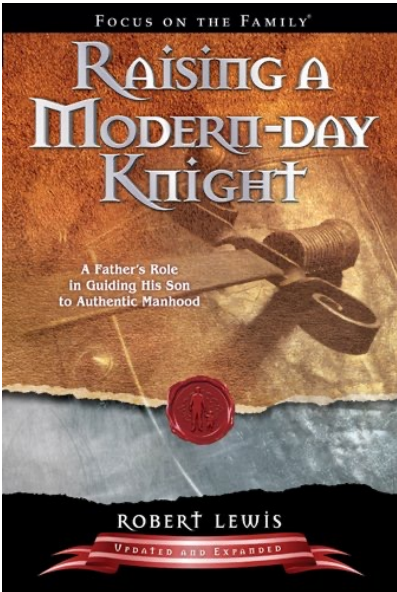


**FAMILYLIFE**  
Help for today. Hope for tomorrow.

A Cru Ministry

**circle**  
WITH **Disney**

# Parenting Resources



# Spiritual Truths

- **God's Design** – Genesis 1:27, 31, 2:24-25
- **Sin** – Romans 3:23
- **Forgiveness** – Rom 5:8, 1 Peter 3:18, 1 John 1:9
- **Temptation** – 1 Cor 10:13, Psalm 119:9,11
- **Self-control** – Ephesians 5:22-23, 1 Peter 2:11
- **Idolatry** – Colossians 3:5
- **Identity in Christ** – Gen 1:27, Gal 2:20, Col 3:1-3
- **Humility, Grace with others** – Phil 2:3, Eph 4:29
  
- **Goal is heart change** (not behavioral modification)





请站稳扶好  
Please stand firm





Bill Perkins

**“If you think you can’t fall into sexual sin, then you’re godlier than David, stronger than Samson, and wiser than Solomon.”**

# Take-Home Points

- Your child's worldview is being formed from the age of 2.
- Start intentional discussions EARLY – teach the basics by age 6-7.
- Your child WILL learn about sex – make sure it is from YOU!



# Action Plan:

- Buy a book, sign up for a podcast, read up on resources.
- Intentionally schedule time to engage your kids in meaningful discussion.
- REPEAT above! Keep the conversations going...







# Questions???

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