**Dr. Carl’s Recommended Parenting Resources:**

[www.familylife.com](http://www.familylife.com) [www.focusonthefamily.org](http://www.focusonthefamily.org)

[www.gracebasedparenting.com](http://www.gracebasedparenting.com) / [www.familymatters.net](http://www.familymatters.net)

**Parenting and Sex Education:**

**\*\*\*“God’s Design for Sex”** (4 books – ages 3-5, 5-8, 8-11, 11-14) – by Stan and Brenna Jones

**“How and When to Tell Your Kids About Sex”** – by Stan and Brenna Jones

**“Mom, Dad…What’s Sex? Giving Your Kids a Gospel-Centered View of Sex and Our Culture”** – by Jessica Thompson and Joel Fitzpatrick

**\*\*\*“Six Ways to Keep the “Little” in Your Girl”**, **“Six Ways to Keep the “Good” in Your Boy”** – by Dannah Gresh (founder of SecretKeeperGirl/TrueGirl), MyTrueGirl.com

**“Rethinking Sexuality: God’s Design and Why It Matters”** – by Dr. Juli Slattery

**\*\*\*“Holy Sexuality and the Gospel”** – by Christopher Yuan

**Man/Woman and Dating Issues**:

**“Raising a Modern-Day Knight”** – by Robert Lewis

**“Raising a Modern-Day Princess”** – by Pam Ferrel and Doreen Hanna

**\*\*\*“Stepping Up: A Call to Courageous Manhood”** – by Dennis Rainey

**“Aggressive Girls, Clueless Boys”** – by Dennis Rainey

**“Interviewing Your Daughter’s Date”** – by Dennis Rainey

**“Outdated: Find Love That Lasts When Dating Has Changed”** – by JP Pokluda

**“Not Yet Married”** – by Marshall Segal

**“The Sacred Search”** – by Gary Thomas

**Technology/Porn**:

**\*\*\***Circle with Disney (internet filter, controls) - [meetcircle.com](https://meetcircle.com/)

**\*\*\***Bark (filter, monitoring) - [www.bark.us](http://www.bark.us) Covenant Eyes (filter) - [www.covenanteyes.com](http://www.covenanteyes.com/)

[www.ProtectYoungMinds.org](http://www.ProtectYoungMinds.org) www.FightTheNewDrug.org

**Recommended Resources for Children (By Age):**

*Ages 3-7:*

**Age-Based Goals:**

**3 years – *begin* intentional conversations**

**6-7 years – child should know what “sex” is**

**8-10 years – more *comprehensive* discussions**

**“The Princess and the Kiss”** and **“The Squire and the Scroll”** by Jennie Bishop

**\*\*\*“The Story of Me”** by Stan and Brenna Jones (“God’s Design for Sex Series”)

**\*\*\*“Before I Was Born”** by Carolyn Nystrom (“God’s Design for Sex Series”)

**“Good Pictures, Bad Pictures Jr: A Simple Plan to Protect Young Minds”** by Kristen Jenson and Debbie Fox

**“God Made All of Me: A Book to Help Children Protect Their Bodies”** by Justin/Lindsey Holcomb

*Ages 8-12:*

**\*\*\*“Good Pictures, Bad Pictures: Porn-Proofing Today’s Young Kids”** by Kristen A. Jenson and Gail Poyner, PhD

**\*\*\*“What’s the Big Deal? Why God Cares About Sex”** by Stan and Brenna Jones (“God’s Design for Sex Series”)

**\*\*\*“The Ultimate Girls’ Body Book”** by Walt Larimore, MD and Dr. Mari Wohlever; **\*\*\*“The Ultimate Guys’ Body Book”** by Walt Larimore, MD

**“It’s Great to Be a Guy”**, **“It’s Great to Be a Girl”** by Jarrod Sechler/Dannah Gresh/Suzy Weibel

**“So You’re About to Be a Teenager”** by Dennis, Barbara, Samuel, and Rebecca Rainey

**\*\*\*Passport2Purity** by FamilyLife (CDs/study with parent)

*Ages 13+:*

**“Facing the Facts: The Truth About Sex and You”** by Stan and Brenna Jones (“God’s Design for Sex Series,”ages 11 to 14)

**“Chasing Love: Sex, Love, and Relationships in a Confused Culture”** – by Sean McDowell

**\*\*\*“What are You Waiting For? The One Thing No One Ever Tells You About Sex”** by Dana Gresh

**\*\*\*“More Than A Battle: How to Experience Victory, Freedom, and Healing from Lust”** by Joe Rigney

**Passport2Identity** by FamilyLife (CDs/study with parent)