

## Dr. Carl's Recommended Parenting Resources:

[www.familylife.com](http://www.familylife.com)

[www.focusonthefamily.org](http://www.focusonthefamily.org)

[www.gracebasedparenting.com](http://www.gracebasedparenting.com) / [www.familymatters.net](http://www.familymatters.net)

### Parenting and Sex Education:

\*\*\***"God's Design for Sex"** (4 books – ages 3-5, 5-8, 8-11, 11-14) – by Stan and Brenna Jones

**"How and When to Tell Your Kids About Sex"** – by Stan and Brenna Jones

**"Mom, Dad...What's Sex? Giving Your Kids a Gospel-Centered View of Sex and Our Culture"** – by Jessica Thompson and Joel Fitzpatrick

\*\*\***"Six Ways to Keep the "Little" in Your Girl", "Six Ways to Keep the "Good" in Your Boy"** – by Dannah Gresh (founder of SecretKeeperGirl/TrueGirl), MyTrueGirl.com

**"Rethinking Sexuality: God's Design and Why It Matters"** – by Dr. Juli Slattery

\*\*\***"Holy Sexuality and the Gospel"** – by Christopher Yuan

### Man/Woman and Dating Issues:

**"Raising a Modern-Day Knight"** – by Robert Lewis

**"Raising a Modern-Day Princess"** – by Pam Ferrel and Doreen Hanna

\*\*\***"Stepping Up: A Call to Courageous Manhood"** – by Dennis Rainey

**"Aggressive Girls, Clueless Boys"** – by Dennis Rainey

**"Interviewing Your Daughter's Date"** – by Dennis Rainey

**"Outdated: Find Love That Lasts When Dating Has Changed"** – by JP Pokluda

**"Not Yet Married"** – by Marshall Segal

**"The Sacred Search"** – by Gary Thomas

### Technology/Porn:

\*\*\*Circle with Disney (internet filter, controls) - [meetcircle.com](http://meetcircle.com)

\*\*\*Bark (filter, monitoring) - [www.bark.us](http://www.bark.us)      Covenant Eyes (filter) - [www.covenanteyes.com](http://www.covenanteyes.com)

[www.ProtectYoungMinds.org](http://www.ProtectYoungMinds.org)

[www.FightTheNewDrug.org](http://www.FightTheNewDrug.org)

\*\*\* = Carl Family Favorite

## Recommended Resources for Children (By Age):

### Ages 3-7:

**“The Princess and the Kiss”** and **“The Squire and the Scroll”** by Jennie Bishop

\*\*\***“The Story of Me”** by Stan and Brenna Jones (“God’s Design for Sex Series”)

\*\*\***“Before I Was Born”** by Carolyn Nystrom (“God’s Design for Sex Series”)

**“Good Pictures, Bad Pictures Jr: A Simple Plan to Protect Young Minds”** by Kristen Jenson and Debbie Fox

**“God Made All of Me: A Book to Help Children Protect Their Bodies”** by Justin/Lindsey Holcomb

### Ages 8-12:

\*\*\***“Good Pictures, Bad Pictures: Porn-Proofing Today’s Young Kids”** by Kristen A. Jenson and Gail Poyner, PhD

\*\*\***“What’s the Big Deal? Why God Cares About Sex”** by Stan and Brenna Jones (“God’s Design for Sex Series”)

\*\*\***“The Ultimate Girls’ Body Book”** by Walt Larimore, MD and Dr. Mari Wohlever;

\*\*\***“The Ultimate Guys’ Body Book”** by Walt Larimore, MD

**“It’s Great to Be a Guy”, “It’s Great to Be a Girl”** by Jarrod Sechler/Dannah Gresh/Suzy Weibel

**“So You’re About to Be a Teenager”** by Dennis, Barbara, Samuel, and Rebecca Rainey

\*\*\***Passport2Purity** by FamilyLife (CDs/study with parent)

### Ages 13+:

**“Facing the Facts: The Truth About Sex and You”** by Stan and Brenna Jones (“God’s Design for Sex Series,” ages 11 to 14)

**“Chasing Love: Sex, Love, and Relationships in a Confused Culture”** – by Sean McDowell

\*\*\***“What are You Waiting For? The One Thing No One Ever Tells You About Sex”** by Dana Gresh

\*\*\***“More Than A Battle: How to Experience Victory, Freedom, and Healing from Lust”** by Joe Rigney

**Passport2Identity** by FamilyLife (CDs/study with parent)

\*\*\* = Carl Family Favorite

### Age-Based Goals:

**3 years** – *begin* intentional conversations

**6-7 years** – child should know what “sex” is

**8-10 years** – more *comprehensive* discussions